

Mauri Natural Therapy



In Conjunction with

Life Path Navigation

And

Ancient Pathways

August 2008 issue #1 of our newsletters



Paul and Phoebe with Joaquin and Antonio two of the last Lacandon Maya, Naja Mexico. January 2007

Hello everyone,

Welcome to our first bi- monthly news letter. We hope that it will serve to inspire those who desire to take their lives to the next level and beyond. Congratulations to all those who have stepped up and completed a breakthrough session with me.

If any of you have any questions after your sessions you can email us at greenstone@optusnet.com.au and if you feel the questions and answers may be of benefit to others let us know and we can put them into our next issue.

On that note if there are any questions in general you would like us to look at please feel free to send them knowing that if we feel the wider community will benefit we will pop them in also. This will not only help us to create something that is of interest to you but will expand our ideas of what it is you would like us to write about. We invite you to be creative and ask away...within our scope of knowing and expertise that is.

ACUPUNCTURE

Spring is about to be sprung so now it is the time with the benefit of Acupuncture to ensure that you move into the seasons of increased activity (Spring and Summer) with vitality and triumph over any allergies, migraines and back pain that seem to increase at this time.

In Oriental medicine it is the time of the Liver which means that the Liver energy is beginning to rise. That is why some people get allergies and migraines right about now. Winter time is the time of the Kidney and if we haven't had sufficient hibernation during the last few months then these conditions will often appear in spring as it is the fluid from the kidney that supplies the liver. If this is lacking then the liver will dry out possibly creating dry eyes, skin irritations, sneezing, sore throats and sinus problems.

Sinus medication is one way to deal with it. However insuring that the body is well balanced through rest proper nutrition (all those yummy dark salty foods such as miso and seaweed, black beans, olives and sardines, as well as soups and stews during the winter months will go along way to helping us step into spring with a spring. We all remembered to wear shoes and socks didn't we on those freezing cold days???



*Thank goodness Acupuncture is portable. Never know when you will be needed.
Africa November 2007 Indelo village Bandiagara escarpment Mali West Africa.*

LIFE PATH NAVIGATION

Well we took the leap and put on our first talk "Living Your Life On Purpose" Sat 23rd August.
We intend this to be a series of talks that will lead into one day and two day transformational workshops.
Checking out suitable venues at the moment.
If any one has one in mind we would appreciate an email from you letting us know about it.

Even though there were only a handful of people able to attend, the feedback we received was very positive, helpful and encouraging.
Paul was the presenter for this one and he also introduced our stone journeys through metaphors. Stories are a great way of teaching and leading people to their own inner knowing. It is an ancient and inductive way of learning. We have always been inspired by great stories and we are sure you have too or know of someone who has.
As well he gave an overview of some of the processes used in our Breakthrough sessions and coaching. The audience loved Paul's demonstration of "The Leap of Faith" and the music we used was a great hit even if our sound person was in trance during our Goal Setting Induction session.
Goal setting is a powerful process and essential for anyone wanting to get real world results in their lives. Remember you are in charge of your mind and if you don't define what is important to you someone else will.
So in this news letter we would like you to take some time out over the next few weeks, look at what it is that you truly want in your life and think about bringing it in. DON'T GET CAUGHT UP IN THE HOW!! Just move towards your goal one step at a time and BELIEVE that if it is humanly possible then you can do it.

In the words of Donald Trump..look him up on the net if you don't know who he is....

"You are going to think anyway so you may as well think big"

For your information we both now hold Master certificates in NLP, Hypnosis and Advanced Neurological RePatterning as well as Master Results Coach.
We offer a coaching service for those who are wanting to take their lives to the next level. These sessions are designed to take you through your limiting patterns and beliefs. We gently but firmly hold you accountable for results.
We have decided to extend the offers we made on Saturday until Friday 12th September.
There are payment plans available for all of these specials and a deposit will hold them for you.

Life coaching: there are three levels and the sessions are designed to take you step by step through goal setting,
Identifying limiting beliefs, negative strategy elimination and to stretch you beyond what you have previously thought possible. To assist you towards self empowerment and achieving your goals.

Gold Membership:
1x 60 minute introductory phone call
3x 45 minute calls per month
Normally \$900 per month

Until 12th September \$799

Silver Membership:
1x 60 minute introductory phone call
2x 30 minute calls per month
Normally \$300 per month

Until 12th September \$250

Bronze Membership
1x60 minute introductory call
1x30 minute call per month
Normally \$150
Until 12th September \$125

For a short period of time we are offering them all for a three month trial period.
For more information on how it all works you are more than welcome to email or call.

There is also a MIND AND BODY PACKAGE:
Which is
5 Acupuncture sessions
2 Remedial Massages
1 Breakthrough Session
Value @ \$1090
However if you pay it in full it will cost only \$995

ANCIENT PATHWAYS

For many years now we have been asked to teach what we have learnt on our travels and stays with the keepers of the ancient traditions. The first 6 of our journeys can be viewed on our website www.ancientpathways.com.au it is about to be revamped and updated within the next few weeks so it will be more user friendly, interactive and the last two journeys, with the Dogon in Mali, West Africa last November and Cambodia in March uploaded.

All the photos on the gallery pages are available for purchase. Proceeds of sales go towards helping us to complete the "task" we willingly took up so many years ago.

So it has begun and Phoebe is powering with the first book titled "Set By the Ancients" which we hope to have ready for editing and printing by November this year. The sequel of course will be written once we have completed the final four of the twelve in total, journeys.

We are also planning a series of CDs called "Metaphors For Life" to inspire others to have the courage to step up and live their life on purpose. Will keep those interested posted on the details as they come to hand.

Thank you for taking the time to read this our first effort. Feedback is always appreciated.

On a final note:

REMEMBER: there is NO failure ONLY feedback.

Here's to you all in health and abundance

Paul and Phoebe.

P&P

If you no longer wish to receive these emails please email back with remove from list in subject box.

