

WELCOME Reader

to our MARCH 2015 newsletter.

## BEING THE CHANGE



I know we have used this one before but just love the Labrador coastline. Reminds us of the world as it may have looked when man was first on the planet...wild untamed and pristine.

Have given a title to our newsletter this time as we would like you all to think about what changes you would like to see on this planet and then how you can help make them happen.

So much is going on in our lives at the moment that we feel like we have stepped into a bit of a whirlwind. All good and exciting and fingers crossed, very fruitful in the future. As some of you may know we are now part of the [Soul TV](#) team of experts. An amazing resource, not only on our work but on many others', from Tarot Reading, business acumen to Wing Chung Kung Fu and everything in between. We are currently filming every two weeks in Brisbane, sometimes with a live guest with a question they would like help with and other times we and others chat about a particular subject. If you haven't seen it already jump on line [HERE](#) to have a look and become a subscriber. On Friday nights they have had Soul Fairs that we have attended when we could, offering our products at a stall and also our wisdom with a live audience session with other team members. What became obvious to us at these live sessions was that so many people are searching for something but are not able to articulate just what it is they are truly looking for and so the question comes out as something quite different to what is really going on and eventually uncovered. In other words we just don't know what we don't know as this is new ground in our consciousness that people are awakening to en-mass.

If this is you then don't worry as you are in a queue with so many others and it is just the process of waking up in a world in the middle of change. Know that there are lots of resources available to help you to find just what it is you are seeking. This is what we, [Ancient Pathways](#)

and [Soul TV](#) are here for among others. So with that in mind we suggest you go re-visit our [Inner Journeys CD series and our Story Telling CDs](#) which were created to help you find just what it is you are looking for. Remember our [books](#) are about our awakening and we wrote them to help you and others to stay on your path through challenging times and how to find it in the first place. Everyone's journey is different, the most important thing is that you begin, keep going, stay courageous, dare to dream and reach out for help when you need it.

In the next few months we are presenting a few [talks and workshops](#), go have a look, there is something for everyone from a 2 hour talk to an exciting Healing Lodge 2 day program, the solstice weekend of June 20th and 21st where you will not only help to build a lodge but we will also be playing sacred games to prepare you for your healing lodge. We will also be at the [Easter Bangalow Starlight Festival](#). Paul has a workshop, talk or a shamanic journey on every day and we would love to see you there. You can download a program from [HERE](#). Also our FIVE STAR Egypt journey for October/November 2016 is shaping up to be an amazing event and we will keep you posted, just finishing off the final details and flyers for you all to have a look at. Small group as always, 12 people ONLY. Remember our Desert Dreaming 9 day journey in July with the Elders of Central Australia is still open and we do have a few places left...need to jump in [NOW](#) though.

Have you thought about those changes you would like to see and be? If you are looking for the first step to take and are not sure what to do then we suggest that you come back to what it is that makes your heart sing and go from there. During our long drives up to Brisbane and back from Lismore, about a 5 to 6 hour round trip, we have had plenty of time to think about where our lives are heading and what we would like to see changed by being that change. For us it is more about being as grounded, helping as many people as we can, being as healthy as we can be and consistent with that ideal. Remember we are all frequency keepers and that what you give out in your thoughts, actions through your energy field, others will pick up on and possibly carry with them. For example if you are walking through a crowd of people and you are filled with anger or fear, then that will affect those around you and in turn they pass it on. Imagine what would happen if we all walked around with our emotions more in balance and love, not only for ourselves but all things....!

Here is a little light bulb moment that we had about intuition. What is intuition....it is INTUITION! Learning from within! Learning to go within to access your answers is the greatest journey you will ever make.

Will leave you with a funny story; Trapped on the freeway to Brisbane on Tuesday due to a car pile-up, we were getting a tad frustrated with the long, hot wait. A beautiful friend of ours who was about to give birth texted us to thank us for coming over for a visit and giving her some acupuncture to help move things along. The end of her text said....."Thank you very much. xxx" our car read it out loud to us as..."thank you very much, sex ,sex, sex. Well we laughed nearly all the way into Brisbane from that point. Just a little thing but it changed the day for us.

Remember to follow your heart and live your dreams and be the change you want to see in your world.

Phoebe and Paul.