

Welcome to Ancient Pathways

February 2013 Newsletter



Egyptian glyphs at Kariong Gosford NSW.

Hello

Well the year is still racing along and we have only just peaked into February.

Paul and I hope that you all had a wonderful holiday time and New Year and have leapt into 2013 with both feet firmly planted on the ground.

We have so much to share with you that it is hard to know where to begin.

We spent the end of year holiday season with family in Adelaide, S.A. No it was not quiet but it was wonderful to be with so many children and grandchildren.

The littlest ones all growing up so fast.

We just got back in our front door an hour before midnight on December 31st and raced

to get our annual company and relationship audit done and our goals for the New Year set out.

If you haven't ever done a relationship audit...it is a great thing to do. Without judgement you relate to each other what is was you loved and liked about it that year and

then of course what you didn't and would like to see changed.

Whilst we can compromise and change we know things will always be well.

It also gives us both a chance to reflect on how we have behaved towards each other in the

past 12 months and change that which may have been neglectful or hurtful

and keep on doing that which spoke to each others hearts. Mostly it is just the little changes that make such a huge difference. It is something we both highly recommend between partners and family members.

Last newsletter we wrote about our PR Manager Bundie (our big dog) who was very ill and not expected to get to Christmas.

Well! he is still with us and not only that he is much better.

No more coughing, gagging and rasping for breath and he has put on weight again.

Having said that we must say he is still wobbly some times and has trouble breathing in hot weather and thank goodness

most of that has passed now...the hot weather that is. Now the cooler days are coming in he is so much happier.

He gets two acupuncture treatments a week. He refused all attempts at western medicine and now is well enough

to do his walk down to the Uni and back most mornings.

Whilst he is still excited about walks, playing with Mocha, barking at other dogs, strangers and eating well, we will keep him with us. It is not yet his time to leave.

We did notice that all these symptoms began when one of our neighbours starting spraying his backyard

with a poison so strong it filled our clinic with its smell and burnt our eyes and stung our throats.

Paul had a word to him when he caught him early one morning spraying everyone else's verges.

He stopped spraying but barely acknowledges us anymore. We can live with that if it is going to stop him from poisoning the neighbourhood.

On to other news.

We had been wondering where our life would be heading once our journeys with the greenstone were completed.

We decided that we would do a few MBS (Mind Body Spirit) shows and so chose Brisbane as a starting point.

We had so much fun and our work was so well received we set up at the Sydney one as well in November.

Again our work and Paul's talks were so well received that management came over to say that many people

had spoken to them about us and especially Paul's presentations.

They told us no-one ever does that..so we were really happy about that and thought that maybe we could keep doing them.

During the Sydney show a Bundjalung Elder appeared in front of us on our last day.

Bundjalung is a large local tribe of (Ab)Original people that spans from Tweed Heads to Grafton in NSW.

Now that is not an unusual thing but Tedi told us about an area he thought we might like to visit in Gosford that contained Proto Egyptian and more ancient glyphs or forms of writing. He said he would be in contact.

We had heard nothing by the time we had to head back home, so we did. Coincidentally our car needed some petrol right at Gosford so we headed into the town off the freeway.

Just as we were about to pull out a message came from Tedi to say that an opportunity to visit the glyphs had come up and would we be able to come. As we were right there we thought about it and then decided that we were really tired after four hectic days at the expo and would leave it to another time..*knowing* that we would be back.

A couple of weeks later we attended a rally called by the local Githabul people nearby at Kyogle to stand with them as they called on the local, state and National Government to stop a known and acknowledged sacred men's area being turned into a quarry. We posted a link to the speech Githabul Elder Kevin Boota gave on that day in our last newsletter and if you have not heard it already here it is.

<http://www.youtube.com/watch?v=yIVST39oOpU>

Here is a link also to a petition that we started and will present to chosen parliamentary members when we have received enough signatures.

http://www.avaaz.org/en/petition/Stop_a_known_and_acknowledged_Aboriginal_Sacred_site_being_turned_into_a_quarry/?fwLEdab&pv=4

Please sign and share, share, share as it is our heritage too that is in danger of being bulldozed away.

Back to our story!!

The moment we arrived we were drawn to a note book that was lying open on the outdoor bench. There on the open pages were photos of the glyphs and the owner was Stephen Strong who has been studying them for over ten years.

He has also written four books on the subject of our "[Forgotten Origins](#)" with his son Evan who was also there.

Synchronicity strikes again! Intrigued! You bet we were.

We had our Ancient Pathways T shirts on...a coincidence, not something we thought about and Steve said he had heard about us.

We got talking and Steve was saying he had wanted to head down there in the next few weeks with a team of people to record, draw...whatever needed doing but transport was lacking.

In we jumped and suggested, as we were busting to get down there, that we team up and we drive him down.

Two weeks later we were officially invited on the team and were there with 14 others looking at the glyphs. All of us got on so well that we felt as though we were a tribe coming back together...we all had skills that slotted in together perfectly and no-one from that core group trod on anyone else's toes. A huge thank you to those who helped us out with food and accommodation. We stayed with a couple of guys in the team who had the most glorious view from their verandah despite some days and night being in the 40's whilst there...that's celcius for those not from OZ reading this.



Sunset view from the front verandah (balcony)

WOW!! they (the glyphs in case you have lost the thread..lol!) were all and more than we could have imagined. It all points to the fact that the Original people of Australia have known and guarded the secret of contact not only with the Ancient Egyptians who they say came to learn from them but their connection to star beings. The Original people have always said that their ancestors were from the Pleiades.

Just as the Dogon of Africa have always spoken about their connection to the beings from Sirius etc, etc etc.

We think it is time for all to wake up and realise that these stories are not just myths and many of them hold the true history of this planet.

During our time there we met with and were welcomed onto country through a smoking ceremony and ochre ritual led by the last fully initiated Darkinyung Elder Aunty Beve at the Grandmother tree. Aunty Beve and other elders refer to Gosford as the "beginning place" and it looks like that may just be the case if the glyphs have been deciphered correctly and we have no reason to believe otherwise as it is exactly as the Elders have said all along. Everyone who was there came on a voluntary basis and does not expect now or in the future to make any money from the finds. All they (and we) want is for the information to be out there for all to see and begin to understand the beginnings of people in this country and perhaps the world. We do not make this statement lightly.

Again ..back to the story....If we thought we weren't being watched, then we had to think again. Stephen received a phone call from other Elders whom we had not met and they told him we had all been checked out and passed muster and were welcome in their country. It would be spooky if

we didn't already know from our previous experience with Original people in Central Australia, that they can do that..remember that the "dreamtime" is a very real place.



Aunty Beve in ceremony.
protection.

The grandmother tree.

Smoking ceremony for

We measured and recorded, walked and walked and found some of the most amazing things that in time we will reveal to you to either marvel at or dismiss...the choice is yours. To say we have embarked on another exciting journey is, at the very least, an understatement.....and there will be much more to come. For now it looks like we will be journeying within our own country and we now see that the sacred greenstone journeys we took over the past 10 years and all that lead up to them, has been preparation for what is right under our own noses. Now is the time for a "Blackfella/Whitefella" dreaming to come about as we all begin to create a

whole new understanding of our past which had been safely guarded by the Original people for this time.

On another note:

Paul is offering a free 45 minute mentoring call to anyone interested in personal and spiritual development especially if you would like it to lead into his personal mentoring program. They are designed to take you specifically from where you are to where you want to be by giving you the tools to take that journey.

The Mentoring programs will run for six months and Paul will send you the details if it is something that interests you. He will be taking on only 10 people so it will be the first 10 who book in a call that will get priority to the program.

You can contact Paul on 02 66252553 or email him at info@ancientpathways.com.au

Also due to the many requests for us to run workshops:

There is a possibility that we will be taking a group of people into the Desert of Central Australia in June around the time of the Solstice along with our good friends Adrian and Arleen Hanks who run wonderful workshops on personal and spiritual development and healing. Each has their own area of expertise that is too big to go into here. You can learn more about what they do [HERE](#).

More on all of this later and we will keep you posted as it comes to fruition.

We are also looking at bringing back our one and two day "Living Your Life on Purpose" workshops this year and you can register your interest in them by sending us an email at info@ancientpathways.com.au . Again more on that as we have more information for you.

We have a few remaining signed first edition copies of "Set By The Ancients" book 1 and for you our special readers this month and next we are offering it to you for ONLY \$19.95 **which includes postage if you are in Australia**. We are working on a special postage deal for those overseas. As some of you may have seen our CDs are now permanently discounted to \$19.95 except for the double CD "Stories of Hope for a Changing World" which is \$24.95. Remember they are still all available as MP3s. It is wonderful and amazing for us to have people come up to us at Expos and tell us how much they have loved the CDs and are still listening to them years later...and excitedly take our new ones. To know we have helped someone is such a wonderful thing because that is why we do what we do.

Upcoming exciting Journey.

Arleen and Adrian Hanks have a wonderful 21 day "Spirit of Africa" journey coming up in August and you can read all about it [HERE](#).

We have been personally invited to join them and it would be amazing...would so love to go back to Africa and who knows?

Well we have come to the end of this newsletter and will leave you with one more picture and let you make up your own mind as to what it might be? Keeping in mind that these glyphs are thousands of years old and carved into sandstone that would flake away if you used a hammer and chisel. The reason that they are in such good repair is that the roof of the cave where they were drawn has only been off for a few years so they have had little exposure to the elements until recently.

Blessings to you all until next time.

Phoebe and Paul.



PS: There is a bigger one over six feet high that we found pecked into a rock platform showing a double story whatever you think it may be. The Originals used pecking as a method of carving thousands of years ago and they drew only what they saw.