

WELCOME Reader
To our
August 2014 Newsletter



The view from above Paul's campsite on the New England Tablelands.

Had the most amazing time in Sydney at the inaugural Festival of Dreams. The feeling in the space was gentle, yet vibrant and so alive with many sharing their wisdom with those who were able to visit. Paul had two talks. One had been pre-arranged and the the other was an almost on the spot fill in. Both went really well. I just love it when people come to our stall afterwards to thank Paul for speaking/sharing with and from the heart. As we have both said and say, " We are not at the expos just for ourselves but for the people who attend." Of course it is wonderful, when people purchase our books and CDs!

Book 2 of Set By The Ancients had not arrived in time for us to be able to offer it physically to people but so many people pre-purchased a copy. It is still in transit to Australia on a ship and we hope to have it here at home by 12th September...fingers crossed. I am always excited and anxious at the same time as it is impossible to know exactly how it will look as my computer shows things a little differently to the printer's....just as everyone else's will as well. Time will tell and we have both stepped into knowing that it will be just wonderful. The ebook version is ready to go up on line as well. Then I think I will, whilst finishing book 3, do the first two books as an audio download. Something we have wanted to do for some time and have not yet found the time and quiet space to get them done.

We were also blown away by the interest shown in our [Desert Dreaming Journeys](#). So much so that if you are still thinking about coming ...NOW...would be a great time to get your [Registration and deposit](#) to us as BOTH journeys are filling fast. We will only be keeping spaces for those who have filled in their registration. Wouldn't want you to miss out on these amazing journeys that we won't be doing for much longer....once the Elders have gone then so will the opportunity to be with them out in their country listening to/following the Tjukurpa (creation and songline stories). Registration closes December 2014 or when journeys are full.



Watching Lee, Anagnu Elder and Clever Man digging for honey ants.....found them!

A little bit of home work for those who don't know what a Clever Man is in Original society.....go to the great oracle Google and there you will find the answer. Lee travels and spends as much time as he can out in the desert with us. He and his wife Leah are the traditional owners of the country we are pictured digging in. We have remained connected since our first journey into their country with the Greenstone so many years ago.

I know we have touched on this subject before and will probably do so again and it is so important to our health and well being on the planet at this time and into the future - Staying connected!

Connected to the Earth, our mother and giver of life and everything we have. Returning that gift in a gentle and sustainable way, such as planting trees and growing as much of our own food as possible without chemicals and poisons - lying on her and or walking barefoot in the soil and on the grass - touching the trees and rocks, the water in the seas, lakes and rivers and most importantly, sitting in silence in her forests or wherever you feel regenerated and listening to anything and all that is offered.

Connected to spirit, all that dwells on the earth; above and below. Realising that we are all one and there is no separation between us....only that which we have made or has been made for us and we have taken it on. Learning to go deep within and find the answers we all know are there.

Connected to our hearts, for it is in our hearts that all our coding, our path for this incarnation has been placed, waiting for us to have the courage to go there and access it, use it and bring joy into our lives and the lives of those with whom we connect. If life is great for you at the moment then do nothing. If not then only you can make the move to change it to a life you want. Do nothing and someone else will write your life story for you.

Are we saying it is easy? No! and yet once you take that first step or that one hundredth step out in trust on your path; obstacles, blocks and excuses move out of the way more easily. We become less anxious, less focused on what **did** happen,(depression) what **might** happen (this is where anxiety has its home) and hone in on what is happening right now, **in this moment only**, for as you all know and we so easily forget, this moment is the only one that exists. The past is gone, the future is yet to come and never gets to this moment, so where will you be living? We may have things planned to do on a future date and yet we still need to bring our focus back to now even as we prepare ourselves for that time. We live in that moment when it arrives into the now....all living is in the now, everything is in the now. Heady stuff we know and not an easy concept to grasp and keep a hold of. Yet when we do, even for a fleeting moment, clarity and peace of mind become the norm even in the eye of a raging storm.

For now take care and remember to Follow your Hearts and live your dream.

Phoebe and Paul.